

August 2023, ISSUE #22

L.I.F.E. CHRONICLES

News & updates from our church for our community



NEW LIFE COMMUNITY CHURCH
Rev. Littykia Clay-Crawley, Pastor

SCHEDULE

WORSHIP

SUNDAYS - 8AM

LIFE PRAYER

WEDNESDAYS - 7AM & 7PM

YOUTH PRAYER

WEDNESDAYS - 8PM

LIFE STUDY

2ND & 4TH THURSDAYS - 7PM

ZOOM MEETING ID: 804-928-1376
CONFERENCE NUMBER: 804-256-2515



The Importance of Relationships

35 One of them, an expert in the law, tested him with this question: 36 “Teacher, which is the greatest commandment in the Law?”

37 Jesus replied: “Love the Lord your God with all your heart and with all your soul and with all your mind.’[a] 38 This is the first and greatest commandment. 39 And the second is like it: ‘Love your neighbor as yourself.’[b] 40 All the Law and the Prophets hang on these two commandments.” Matthew 22:35-40 NIV

In the above scripture, Jesus was focusing on relationships. He is saying that there are two types of relationships that are vitally important. Our relationship with God and our relationship with other people.

We were made for relationship. In Genesis 2:18, God said, "It was not good for man to be alone. I will make him a helper suitable for him." So God gave us a relationship from the beginning.

God is a God of relationships. God specifically created us for a relationship with God. Even though God's relationship with man was damaged by sin, God continues to seek us out to be in a relationship. God desires our relationship.

Jesus modeled the relationship we should have with God and other people. We need this relationship with God because we cannot be fruitful without it. Our relationships with other people have an eternal importance. We can impact people towards the kingdom or we can affect them in a way that would lead them away from the kingdom.

To have really good healthy relationships we need three qualities that Jesus embodied. We need to be selfless, we need to be willing to offer others grace and we need to be invested in our relationships with other people. Jesus exemplified these qualities while he was here on earth, and these same qualities help us maintain good healthy relationships with others.

Much of what we are to gain, learn, and experience from healthy relationships is a reflection of the kind of connection God wants to have with us. God shows us glimpses of himself through some of the people God has placed in our lives. To maintain good relationships we have to be intentional with representing these qualities just as Jesus did.

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L.I.F.E. CALENDAR



- 8/01 - Annual PBA Session
- 8/02 - Annual PBA Session
- 8/05 - NLCC Diaconate Meeting @ 9AM
- 8/05 - NLCC Praise Dance Rehearsal @ 11AM
- 8/06 - Holy Communion / In-person Worship @ 8AM
- 8/09 - L.I.F.E. Prayer @ 7AM & 7PM / Youth Prayer @ 8PM
- 8/13 - NLCC Virtual Worship @ 8AM
- 8/14 - NLCC Women's Ministry @ 7PM
- 8/16 - L.I.F.E. Prayer @ 7AM & 7PM / Youth Prayer @ 8PM
- 8/19 - NLCC Praise Dance Rehearsal @ 11AM
- 8/20 - 8th Church Anniversary / In-person Worship @ 8AM
- 8/23 - L.I.F.E. Prayer @ 7AM & 7PM / Youth Prayer @ 8PM
- 8/26 - Upscale Recycling Yard Sale @ 8AM to 11AM
- 8/26 - PBA Division of Women's Meeting @ 10AM
- 8/27 - NLCC Virtual Worship @ 8AM
- 8/30 - L.I.F.E. Prayer @ 7AM & 7PM / Youth Prayer @ 8PM

HAPPY BIRTHDAY



- 8/05 - *Ulric Eley, Sr.*
- 8/10 - *Nazir Kelly*
- 8/11 - *Nylah Crawley*
- 8/26 - *Jayla Kelly*
- 8/29 - *James King*
- 8/30 - *Odessa Washington*

AUGUST WEDDING ANNIVERSARIES

Congratulations

EVERETT & DIANNE GREEN
JAMES & TERESA KING
HERBERT & ODESSA WASHINGTON

2023

How Are We Going To Be?

1. What will we do?
2. How will we act?
3. How will we live?

Consider:

- *Believing in who God is.*
- *Stepping out on Faith of who God is.*
- *Doing the work your soul must have.*

**NLCC
CHANGEMAKERS
are INTENTIONAL**



Living In Faith Everyday



AUGUST Observances

Day

- Nat. Girlfriends Day -1st
- Nat. Watermelon Day -3rd
- Nat. Chocolate Chip Day -4th
- Internat. Forgiveness Day -6th
- Nat. Book Lover's Day -9th
- Nat. Left Hander's Day -13th
- Stuffed Green Bell Pepper Day -28th
- More Herbs Less Salt Day -29th
- Nat. Trail Mix Day -31st



Week

- Simplify Your Life Week - 1st
- National Smile Week -2nd
- Friendship Week -3rd
- Be Kind to Humankind Week -4th

Month

- Black Business Month
- Family Fun Month
- Home Business Month
- Nat. Catfish Month
- Nat. Eye Exam Month
- Nat. Minority Donor Month
- Nat. Back-to-School Month
- Nat. Wellness Month



Blue-Zone Strategy



Wine at 5



People in all blue zones (except Adventists) drink alcohol moderately and regularly. Moderate drinkers outlive non-drinkers. The trick is to drink 1-2 glasses per day (preferably Sardinian Cannonau wine), with friends and/or with food. And no, you can't save up all week and have 14 drinks on Saturday.

Let's Transform Well-being Together



6250 Richmond Tappahannock Highway
King William, VA 23086

AUGUST

Sunday • 6 • 8:00 AM
2023

KINDLY JOIN US FOR

NEW LIFE COMMUNITY CHURCH
BAPTISM

Candidates For Baptism

Jeremiah Russ Kijuana Kelly Jermaul Kelly, Jr.
Ja'Veah Douglas Ja'Miyah Douglas

BAPTISM

The wiping away of past sins and the rebirth of the individual into a new life in Jesus Christ.

New Life Community Church

Women's Discipleship

GROWING SHARING MENTORING

2nd Mondays
7 PM

Meeting ID: 813 9067 4298
Dial In: (301) 715 8592
Meeting ID: 813 9067 429

Ground Turkey Stuffed Peppers



These ground turkey stuffed peppers are made with quinoa or rice. Prep in only 15 minutes!

Course Main Course

Cuisine American, Mexican

Prep Time 10 minutes

Cook Time 50 minutes

Total Time 1 hour

Servings 4

Calories 306kcal

Author Ashley C.

Ingredients

- 1 tablespoon extra virgin olive oil
- 1/2 pound lean ground turkey
- 1/2 yellow onion diced
- 2 cloves garlic minced
- 2 teaspoons chili powder
- 1 teaspoon cumin
- 1/2 teaspoon paprika
- 3/4 teaspoon kosher salt
- Black pepper to taste
- 28 ounces diced Tomatoes (diced tomatoes in puree is even better) 1/2 cup cooked quinoa or cooked rice
- juice of one lime
- 3 extra large bell peppers halved and seeded
- 1/2 cup shredded Monterey Jack cheese
- 1/2 cup shredded cheddar cheese
- cilantro for garnish



Instructions

1. Preheat oven to 400 degrees F.
2. Add 1 tablespoon oil to a large skillet over medium-high heat. When the skillet is hot, add the diced onion and cook for about 2 minutes until it starts to soften. Add the ground turkey and minced garlic and cook until the meat is almost cooked through, breaking it up in crumbles with a spoon as it cooks.
3. Add the chili powder, cumin, paprika, salt and pepper and cook for an additional 30 seconds. Add the tomatoes and simmer for 5 minutes. Stir in the cooked quinoa. Squeeze the lime juice over the mixture.
4. Fill the peppers with the mixture. Cover tightly with aluminum foil and bake for 30 minutes. Remove the foil and carefully sprinkle cheese over the top. Return to the oven and bake for an additional 10 minutes. Serve immediately.

Notes

Note: The cook time does not include cooking the quinoa. I use store-bought cooked quinoa to save time, but if you are cooking the quinoa from scratch, you will need to add an additional 30 minutes to the cook time.

Storage: Store leftover stuffed peppers in a sealed container in the refrigerator for up to 3 days.

DEBT SNOWBALL



Shantell Russ- Founder
& Financial Coach

Do you dream of being debt free?

US consumer debt continues to increase and is currently at \$17 trillion according to the New York Fed's Quarterly Report. While some debt might be unavoidable, like a mortgage, other debt (credit cards, student loans, auto loans, etc) can be avoided or paid off quickly. The debt snowball and avalanche methods are 2 ways that you can pay off your debt. Take a moment to imagine what you could do with the “extra” money you would have if you were debt free. If that excites you, consider taking some time to create a plan to pay off your debt using the snowball method which is described below. The Avalanche Method will be in the next newsletter.

PAYING OFF DEBT WITH THE *debt snowball*

- 1**
List all your debts from smallest to largest amount owed (ignore interest rate).
- 2**
Pay minimums on every debt except the smallest one.
- 3**
Pay as much as you can on the smallest debt until you pay it off.
- 4**
Once the smallest debt is paid, roll that payment (minimum plus extras) over to the next debt on the list.
- 5**
Repeat until all your debts are paid and you are debt free!!!

WWW.LIVINGTHATDEBTFREELIFE.COM

Source: <https://www.livingthatdebtfreelife.com/home/using-debt-snowball-to-pay-debt>

Money tips brought to you by **Hopefilled Financial Coaching, LLC**



God loves me!

M M X L W X S Q Q G E H J G Y B V
 M G G S O A L C B Z Y E E F J F Q
 I G P Y P P A H I C S Z F O Z A C
 I C A R I N G Z R U Z G C R A R O
 C T R A E H J E S K Y S M E L Q M
 E S P L E H M T H A N K S V Y K P
 C T Y H E T G N I Z A M A E C E A
 D W A S W R T S A V E S I R R S S
 T O G E H L T D E B H V L V S E S
 V R I Q R E U R C R G U G K W V I
 N P O K U C L F O T U R X M M O O
 Q P U F L A T T R P N S A F C L N
 J K W D M G F W E E P E A C R R A
 H D O X T O Z R D R D U I E E E T
 M G K W U O C K I N D N S T R Z E
 V O G O O D E S I A R P O S A T H
 X B P R O T E C T O R H W W U P M

treasure
 forever
 support
 caring
 create

heart
 grace
 comfort
 compassionate
 Jesus

happy
 mercy
 helps
 amazing
 saves

thanks
 protector
 kind
 praise
 love

good
 shelter
 patient
 wonderful
 God

