August 2023, ISSUE #22

LIFE CHRONICLES News & updates from our church for our community

NEW LIFE COMMUNITY CHURCH Rev. Littycia Clay-Crawley, Pastor

SCHEDULE

WORSHIP SUNDAYS - 8AM

LIFE PRAYER WEDNESDAYS - 7AM & 7PM

> YOUTH PRAYER WEDNESDAYS - 8PM

LIFE STUDY 2ND & 4TH THURSDAYS - 7PM

ZOOM MEETING ID: 804-928-1376 CONFERENCE NUMBER: 804-256-2515





The Importance of Relationships

35 One of them, an expert in the law, tested him with this question: 36 "Teacher, which is the greatest commandment in the Law?"
37 Jesus replied: "Love the Lord your God with all your heart and with all your soul and with all your mind.'[a] 38 This is the first and greatest commandment. 39 And the second is like it: 'Love your neighbor as yourself.'[b] 40 All the Law and the Prophets hang on these two commandments." Matthew 22:35-40 NIV

In the above scripture, Jesus was focusing on relationships. He is saying that there are two types of relationships that are vitally important. Our relationship with God and our relationship with other people.

We were made for relationship. In Genesis 2:18, God said, "It was not good for man to be alone. I will make him a helper suitable for him." So God gave us a relationship from the beginning.

God is a God of relationships. God specifically created us for a relationship with God. Even though God's relationship with man was damaged by sin, God continues to seek us out to be in a relationship. God desires our relationship.

Jesus modeled the relationship we should have with God and other people. We need this relationship with God because we cannot be fruitful without it. Our relationships with other people have an eternal importance. We can impact people towards the kingdom or we can affect them in a way that would lead them away from the kingdom.

To have really good healthy relationships we need three qualities that Jesus embodied. We need to be selfless, we need to be willing to offer others grace and we need to be invested in our relationships with other people. Jesus exemplified these qualities while he was here on earth, and these same qualities help us maintain good healthy relationships with others.

Much of what we are to gain, learn, and experience from healthy relationships is a reflection of the kind of connection God wants to have with us. God shows us glimpses of himself through some of the people God has placed in our lives. To maintain good relationships we have to be intentional with representing these qualities just as Jesus did.

Other Stories In This Issue:

Relational L.I.F.E. - 2Economic L.I.F.E. - 6L.I.F.E. CALENDAR - 3 & 4Word Search - 7Recipe - 5



L.I.F.E. CALENDAR



	So a		GU 2023	ST	1	
700	5			ST		
8				ST	e.,	
8	3			ST		6
6		3	2023			
N			-5			
		Love th	e Lord you	r God		
				all your sou		
	& with a		nd & with a ARK 12: 30	all your stre	ngth.	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDA
JUNDAT	moneour		2	3	4	antono
		1	~			
		1	-			
6	7	8	9	10	11	
		8	9			
6	7		_	10	11	
		8	9			
13	14	8	9 16	17	18	



8/05 - Ulric Eley, Sr. 8/10 - Nazir Kelly 8/11 - Nylah Crawley 8/26 - Jayla Kelly 8/29 - James King 8/30 - Odessa Washington



- 8/01 Annual PBA Session 8/02 - Annual PBA Session 8/05 - NLCC Diaconate Meeting @ 9AM 8/05 - NLCC Praise Dance Rehearsal @ 11AM 8/06 - Holy Communion / In-person Worship @ 8AM 8/09 - L.I.F.E. Prayer @ 7AM & 7PM / Youth Prayer @ 8PM 8/13 - NLCC Virtual Worship @ 8AM 8/14 - NLCC Women's Ministry @ 7PM 8/16 - L.I.F.E. Prayer @ 7AM & 7PM / Youth Prayer @ 8PM 8/19 - NLCC Praise Dance Rehearsal @ 11AM 8/20 - 8th Church Anniversary / In-person Worship @ 8AM 8/23 - L.I.F.E. Prayer @ 7AM & 7PM / Youth Prayer @ 8PM 8/26 - Upscale Recycling Yard Sale @ 8AM to 11AM 8/26 - PBA Division of Women's Meeting @ 10AM 8/27 - NLCC Virtual Worship @ 8AM
- 8/30 L.I.F.E. Prayer @ 7AM & 7PM / Youth Prayer @ 8PM

AUGUST WEDDING ANNIVERSARIES

Congratulations

EVERETT & DIANNE GREEN JAMES & TERESA KING HERBERT & ODESSA WASHINGTON

2023

How Are We Going To Be?

- 1. What will we do?
- 2. How will we act?
- 3. How will we live?

Consider:

- Believing in who God is.
- Stepping out on Faith of who God is.
- Doing the work your soul must have.

NLCC CHANGEMAKERS are INTENTIONAL

Living In Faith Everyday



Day

Nat. Girlfriends Day -1st Nat. Watermelon Day -3rd Nat. Chocolate Chip Day -4th Internat. Forgiveness Day -6th Nat. Book Lover's Day -9th Nat. Left Hander's Day -13th Stuffed Green Bell Pepper Day -28th More Herbs Less Salt Day -29th Nat. Trail Mix Day -31st



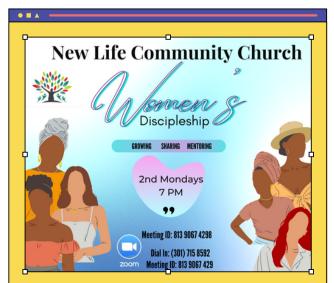
Week

Simplify Your Life Week - 1st National Smile Week -2nd Friendship Week -3rd Be Kind to Humankind Week -4th

Month

Black Business Month Family Fun Month Home Business Month Nat. Catfish Month Nat. Eye Exam Month Nat. Minority Donar Month Nat. Back-to-School Month Nat. Wellness Month

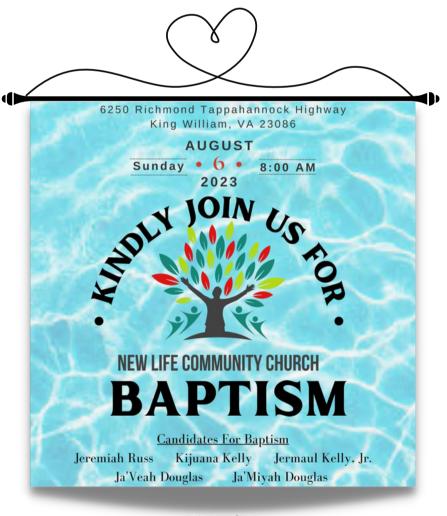






People in all blue zones (except Adventists) drink alcohol moderately and regularly. Moderate drinkers outlive nondrinkers. The trick is to drink 1-2 glasses per day (preferably Sardinian Cannonau wine), with friends and/or with food. And no, you can't save up all week and have 14 drinks on Saturday.

Let's Transform Well-being Together



BAPTISM The wiping away of past sins and the rebirth of the individual into a new life in Jesus Christ. **Ground Turkey Stuffed Peppers**



These ground turkey stuffed peppers are made with quinoa or rice. Prep in only 15 minutes!

Course Main Course Cuisine American, Mexican Prep Time10 minutes Cook Time 50 minutes

Total Time 1 hour

Servings 4 Calories 306kcal Author Ashley C.

Ingredients

- 1 tablespoon extra virgin olive oil
- 1/2 pound lean ground turkey
- 1/2 yellow onion diced
- 2 cloves garlic minced
- 2 teaspoons chili powder
- 1 teaspoon cumin
- 1/2 teaspoon paprika
- 3/4 teaspoon kosher salt
- Black pepper to taste
- 28 ounces diced Tomatoes (diced tomatoes in puree is even better) 1/2 cup cooked quinoa or cooked rice
- juice of one lime
- 3 extra large bell peppers halved and seeded
- 1/2 cup shredded Monterey Jack cheese
- 1/2 cup shredded cheddar cheese
- cilantro for garnish

Instructions

1. Preheat oven to 400 degrees F.

Add 1 tablespoon oil to a large skillet over medium-high heat. When the skillet is hot, add the diced onion and cook for about 2 minutes until it starts to soften. Add the ground turkey and minced garlic and cook until the meat is almost cooked through, breaking it up in crumbles with a spoon as it cooks.
 Add the chili powder, cumin, paprika, salt and pepper and cook for an additional 30 seconds. Add the tomatoes and simmer for 5 minutes. Stir in the cooked quinoa. Squeeze the lime juice over the mixture.
 Fill the peppers with the mixture. Cover tightly with aluminum foil and bake for 30 minutes. Remove the foil and carefully sprinkle cheese over the top. Return to the oven and bake for an additional 10 minutes. Serve immediately.

Notes

Note: The cook time does not include cooking the quinoa. I use store-bought cooked quinoa to save time, but if you are cooking the quinoa from scratch, you will need to add an additional 30 minutes to the cook time.

Storage: Store leftover stuffed peppers in a sealed container in the refrigerator for up to 3 days.



ECONOMIC L.I.F.E.



DEBT SNOWBALL





Do you dream of being debt free?

US consumer debt continues to increase and is currently at \$17 trillion according to the New York Fed's Quarterly Report. While some debt might be unavoidable, like a mortgage, other debt (credit cards, student loans, auto loans, etc) can be avoided or paid off quickly. The debt snowball and avalanche methods are 2 ways that you can pay off your debt. Take a moment to imagine what you could do with the "extra" money you would have if you were debt free. If that excites you, consider taking some time to create a plan to pay off your debt using the snowball method which is described below. The Avalanche Method will be in the next newsletter.



Source: <u>https://www.livingthatdebtfreelife.com/home/using-debt-snowball-to-pay-de</u>

Money tips brought to you by Hopefilled Financial Coaching, LC



God loves me!

Μ	Μ	Х	L	W	Х	S	Q	Q	G	Ε	Н	J	G	Y	В	۷
Μ	G	G	S	0	А	L	С	В	Ζ	Y	Е	Е	F	J	F	Q
Ι	G	Ρ	Y	Ρ	Ρ	А	Н	Ι	С	S	Ζ	F	0	Ζ	А	С
Ι	С	А	R	Ι	Ν	G	Ζ	R	U	Ζ	G	С	R	Α	R	0
С	Т	R	А	Е	Η	J	Е	S	Κ	Y	S	Μ	Е	L	Q	Μ
Е	S	Ρ	L	Е	Н	Μ	Т	Н	Α	Ν	Κ	S	V	Υ	Κ	Ρ
С	Т	Y	Н	Е	Т	G	Ν	Ι	Ζ	А	Μ	Α	Е	С	Е	А
D	W	А	S	W	R	Т	S	А	۷	Е	S	Ι	R	R	S	S
Т	0	G	Е	Н	L	Т	D	Е	В	Н	۷	L	V	S	Е	S
۷	R	Ι	Q	R	Е	U	R	С	R	G	U	G	Κ	W	۷	Ι
Ν	Ρ	0	Κ	U	С	L	F	0	Т	U	R	Х	Μ	Μ	0	0
Q	Ρ	U	F	L	А	Т	Т	R	Ρ	Ν	S	Α	F	С	L	Ν
J	Κ	W	D	Μ	G	F	W	Е	Е	Ρ	Е	Α	С	R	R	А
Н	D	0	Х	Т	0	Ζ	R	D	R	D	U	Ι	Е	Е	Ε	Т
Μ	G	Κ	W	U	0	С	Κ	Т	Ν	D	Ν	S	Т	R	Ζ	Е
V	0	G	0	0	D	Е	S	Ι	Α	R	Ρ	0	S	А	Т	Н
Х	В	Ρ	R	0	Т	Е	С	Т	0	R	Н	W	W	U	Ρ	Μ

treasure	heart	happy	thanks	good
forever	grace	mercy	protector	shelter
support	comfort	helps	kind	patient
caring	compassionate	amazing	praise	wonderful
create	Jesus	saves	love	God