

MARCH 2022, ISSUE #5

L.I.F.E. CHRONICLES

News & updates from our church for our community



NLCC SCHEDULE

WORSHIP

SUNDAYS - 8AM

LIFE PRAYER

WEDNESDAYS - 7AM & 7PM

YOUTH PRAYER

WEDNESDAYS - 8PM

LIFE STUDY

2ND & 4TH THURSDAYS - 7PM

ZOOM MEETING ID: 804-928-1376
CONFERENCE NUMBER: 804-256-2515

L.I.F.E. CHRONICLES

Women's History Month



Women's History Month began as a local celebration in Santa Rosa, California. The Education Task Force of the Sonoma County (California) Commission on the Status of Women planned and executed a "Women's History Week" celebration in 1978. In 1980, a consortium of women's groups and historians—led by which is now the National Women's History Alliance successfully lobbied for national recognition. In February 1980, President Jimmy Carter issued the first Presidential Proclamation.

Women's History Month is a celebration of women's contributions to history, culture, and society and has been observed annually in the month of March in the United States since 1987. Women's History Month 2022 will take place from Tuesday, March 1-Thursday, March 31, 2022.

The 2022 theme is "Women Providing Healing, Promoting Hope." This theme is "both a tribute to the ceaseless work of caregivers and frontline workers during this ongoing pandemic and also a recognition of the thousands of ways that women of all cultures have provided both healing and hope throughout history."

"Women's History Month." National Women's History Museum

Celebrate Women's History Month 2022

- > Brush up on Current Issues and Take Action
- > Listen to music by Female Musicians.
- > Watch films about Famous Women.
- > Spend time with the Inspiring Women in your life and remind them of how important they are to you.
- > Celebrate Ruth Bader Ginsburg
- > Read books by Female Authors
- > Support Female Entrepreneurs

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- LIFE Study - 12
- LIFE Testimony - 13
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#BreakTheBias

Be strong and courageous. Be who God has called you to be.



One of the most important aspects of **Women's History Month** is highlighting women who have made a difference in history; it opens up that world of possibilities to young girls. Honoring women in history and supporting women and girls of the present are practices everyone can do all year long. This month, we'll be sharing inspiring stories to celebrate women making an impact in their communities, their nation, and the world.

INSPIRATIONAL WOMEN

Littykia A. Clay-Crawley

Pastor of New Life Community Church



Reverend Littykia A. Clay-Crawley is a passionate and faithful servant of God. She is a pastor, educator, and certified chemist. In August 2015, Reverend Clay-Crawley became the pastor of New Life Community Church; and soon, she became the first women pastor of the Pamunkey Baptist Association. Her love for the Lord and her passion to speak truth to power strengthens her commitment to addressing issues impacting the lives of both NLCC's members and the community.

**Video Link: [Rev. Littykia Clay-Crawley's
And Yet Psalm 78 23 29](#)**

"Don't hold back! Bring all of you to the table and know that God grows up in you what is necessary for every season of life."

Littykia Clay-Crawley

INSPIRATIONAL WOMEN

Kamala Devi Harris

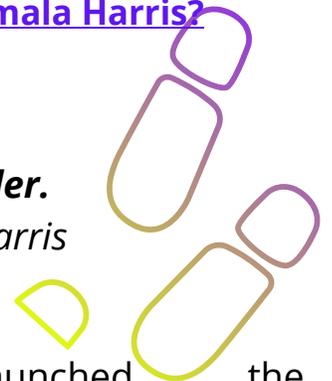
Vice President of the United States of America



Kamala Harris was the first woman, the first African American, and the first Asian American vice president of the United States of America. She had previously served in the United States Senate and as attorney general of California. She prosecuted cases of gang violence, drug trafficking, and sexual abuse.

Video Link: [Who is Kamala Harris?](#)

“Anyone who claims to be a leader must speak like a leader. That means speaking with integrity and truth.” Kamala Harris



Marley Dias
Activist & Writer

Marley Dias launched the #1000BlackGirlBooks drive in November of 2015. She has collected over 13,000 books to date. Marley was recognized by TIME, as one of the 25 most influential teens in 2018. She is the youngest member of the Forbes 30 under 30 list to date and was included in the list for 2018.

Video Link: [Meet the Changemakers: Marley Dias](#)

“Frustration is fuel that can lead to the development of an innovative and useful idea” Marley Dias

INSPIRATIONAL WOMEN



Marsai Martin
Actress & Producer

Marsai Martin is an actress and the youngest person to get a first-look deal at Universal, and the youngest person to get a deal at any studio. Founded by Marsai Martin, Genius Productions creates compelling stories for television, features, and digital.

YouTube Video: [Marsai Martin on Growing up in Hollywood](#)

"Believe in yourself. My goal is to show young women and girls that our voices and ideas matter, and you are never too young to dream big!" Marsai Martin



Michelle Obama
Former First Lady

Michelle Obama was the first African American first lady of the United States of America. As the first lady, Michelle was involved in various causes, notably supporting military families and ending childhood obesity. To promote healthy eating, she planted a vegetable garden on the South Lawn of the White House in 2009. In 2018 she released the autobiography *Becoming*, and in 2020 she also began hosting *The Michelle Obama Podcast*.

YouTube Video: [Michelle Obama's Message to Young Girls About Becoming](#)

"As women we must stand up for ourselves. We must stand up for each other. We must stand up for justice for all." Michelle Obama

SPIRITUAL L.I.F.E.

As you think about what you are going to do in 2022, consider the following questions for application this month, from each sermon text below. Journal or chat with a friend about what God is saying to you and invite them to participate as well, as we try to be our best self in God.

Feb. 6, 2022 - Text: Luke 5:1-11, Title: "Going Deeper"

- What transitions do you need to make?
- Where are you being elevated?

Feb. 13, 2022 - Text: Jeremiah 17:5-10, Title: "Understand Your Heart"

- Why is it important to understand your heart?
- How are you engaged with God's Word?
- How do you practice growing your faith?
- Do you trust God?
- What changes can you make to enhance your spiritual growth?

Feb. 20, 2022 - Text: Luke 6:27-38, Title: "Going Deeper Part 3"

We heard going deeper is radical. Commit to learning more about yourself this week. Remember Radical self-love generates life for you and for others.

- What radical ways will you show up this week?
- How can you show radical grace?



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Our **deepest** fear is not that
we are inadequate.
Our deepest fear is that we are
powerful beyond measure.
It is our light not our darkness
that most frightens us.

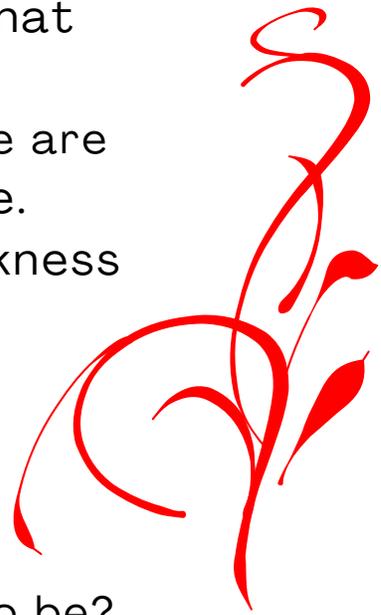
We ask ourselves who am I
to be **brilliant, gorgeous,**
talented and fabulous?
Actually, who are you not to be?
You are a child of God.

Your playing small does not
serve the world.
There's nothing enlightened about shrinking
so that other people
won't feel insecure around you.

**We were born to make manifest
the glory of God that is within us.**

It's not just in some of us;
it's in everyone.

And as we **let our own light shine,**
we unconsciously give other people
permission to do the same.
As we are liberated from our own fear,
Our presence automatically
liberates others.



L.I.F.E. CALENDAR

- 3/1 - 1st Day of Women's History Month
- 3/2 - Ash Wednesday/Lent Begins
- 3/2 - L.I.F.E. Prayer
- 3/3 - NLCC Church Meeting @ 7:00PM
- 3/5 - Diaconate Meeting
- 3/6 - Holy Communion
- 3/7 - Virtual March Gladness on Zoom
- 3/9 - L.I.F.E. Prayer
- 3/10 - NLCC L.I.F.E. Study
- 3/13 - Daylight saving time begins
- 3/14 - Virtual March Gladness on Zoom
- 3/16 - L.I.F.E. Prayer
- 3/19 - NLCC Praise Dance Rehearsal
- 3/20 - Movie Day @ 4:00PM
- 3/21 - Virtual March Gladness on Zoom
- 3/23 - L.I.F.E. Prayer
- 3/24 - L.I.F.E. Study
- 3/24 - 3/26 - Lott Carey
- 3/26 - PBA Division of Women @ 10:00AM
- 3/28 - Virtual March Gladness on Zoom



MARCH Birthdays

- 3/5 - Jeremiah Russ
- 3/8 - Elizabeth Fortune
- 3/10 - JaMiyah Douglas
- 3/22 - Matlyn Edwards
- 3/27 - Beverley Taylor
- 3/30 - Lisa Roberts



Lent

***For God so loved the world that he gave his one and only Son,
that whoever believes in him shall not perish but have eternal life.***

John 3:16 NIV

Lord, in this Resurrection season, we worship You and thank You that even before the creation of the world You chose us to be holy and blameless in Your sight. Thank You for that because of Your great love, You predestined us to be adopted as Your children through Jesus by Your will. Thank you, Jesus, that because of You we have been redeemed through the shedding of Your blood. Lord, we know that we have sinned and fall short of Your glory (Romans 3:23). Thank You that even though we were dead in sin, You have made us alive in Christ (Ephesians 2:4-5). Thank You for the richness of Your mercy and grace which You have showered on us.

In Jesus Name. Amen.

Lent is a time of repentance, fasting, and preparation. It's a time Christians focus on their relationship with God. It's a time of self-examination and reflection. Lent lasts for 40 days between Ash Wednesday and Resurrection Sunday (Easter). The 40 days represent the time Jesus spent in the wilderness, enduring the temptations of Satan.

Observing Lent helps us to remember the entire story of Christ. Observing Lent breaks our routine and challenges us to grow spiritually. Observing Lent while fasting, studying, serving, worshiping, and giving, prepares us to celebrate the Resurrection.

Let us prepare our hearts for the celebration of the Resurrection of Jesus.



LENT FOCUS 2022

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|-------------------------------|---|---|--|--|---|--|
| Week 1 | | NEW LIFE COMMUNITY CHURCH | | 3/2/22 Prayer & Fasting 7AM-7PM READ: Psalm 91:1-2, 9-16 Start a Lenten journal. <i>Ash Wednesday</i> | 3/3/22 Watch the video or listen to the podcast on "Book of Matthew" at BibleProject.com | 3/4/22 Start a Friday Family Coin Collection to donate to your church after Lent. | 3/5/22 Create a plan to stay healthy together. |
| Week 2 | 3/6/22 REST | 3/7/22 Perform random act of kindness towards a stranger. | 3/8/22 Make a gospel music playlist and enjoy it all day. | 3/9/22 Prayer & Fasting 7AM-7PM READ: Psalm 17 Pray for your Pastor and the 1 st Family. | 3/10/22 Focus on your ONE WORD for 2022 in prayer, meditation & journaling. | 3/11/22 Support at least one Black owned business. | 3/12/22 Prepare a meal with family/friends then sit to eat together. |
| Week 3 | 3/13/22 REST | 3/14/22 Create a "Hope" bag for a survivor. | 3/15/22 Make some refreshing infused water for all day hydration. | 3/16/22 Prayer & Fasting 7AM-7PM READ: Psalm 105:1-42 Pray for your family. | 3/17/22 Call family/friend to encourage then and offer to pray with them. | 3/18/22 Donate 40 things to a charity or thrift shop. | 3/19/22 Work out for 30 minutes with family/friends. |
| Week 4 | 3/20/22 REST | 3/21/22 Reach out to invite someone to church. | 3/22/22 Take a 15-minute walking in place, around the building/home or outside. | 3/23/22 Prayer & Fasting 7AM-7PM READ: Psalm 39 Pray for NLCC church leadership. | 3/24/22 Read or listen to a Bible story together. | 3/25/22 Update your household budget for next month. | 3/26/22 With friends and family begin a project to organize or reorganize areas at home. |

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------|-----------------|--|---|---|---|---|--|
| Week 5 | 3/27/22 REST | 3/28/22 Share a great Easter recipe with someone. | 3/29/22 Make a list of great vegetables to plant in your new garden. | 3/30/22 Prayer & Fasting 7AM-7PM READ: Psalm 53 Pray for the Youth of NLCC. | 3/31/22 Identify a new spiritual practice try, then share your experience. | 4/1/22 Declutter and repurpose your resources to save money. | 4/2/22 Read or listen to Amanda Gorman's poem "New Days" with family and friends. |
| Week 6 | 4/3/22 REST | 4/4/22 Reach out to the sick and shut-in with an Easter card. | 4/5/22 Light a candle & meditate for 10-minutes. | 4/6/22 Prayer & Fasting 7AM-7PM READ: Psalm 20 Pray for the world, the USA, VA, your county, your church, and your home. | 4/7/22 Pray "The Lord's Prayer" and reflect on it. | 4/8/22 Seek the best and wisest deals before spending for the holiday. | 4/9/22 Shop with family and friends for the upcoming holiday. |
| Week 7 | 4/10/22 REST | 4/11/22 Speak words of forgiveness. | 4/12/22 Enjoy a bath, with relaxing music and fragrance. | 4/13/22 Prayer & Fasting 7AM-7PM READ: John 13:21-32 Pray for your relationship with God. | 4/14/22 Share your Lenten Journey with someone to encourage them. | 4/15/22 List 40 things, experiences, or people you are thankful for. | 4/16/22 Watch the movie "The Passion of the Christ." |
| HOLY WEEK | | | | | <i>Maundy Thursday</i> | <i>Good Friday</i> | |

- **READ:** scriptures three (3) times during the 7 AM to 7 PM FAST
- **REST:** Sundays are not counted in the 40 days
- **JOURNAL:** once or more per week

"TOOLS TO HELP YOU LIVE IN FAITH EVERYDAY"

L.I.F.E. STUDY

And It Came to Pass

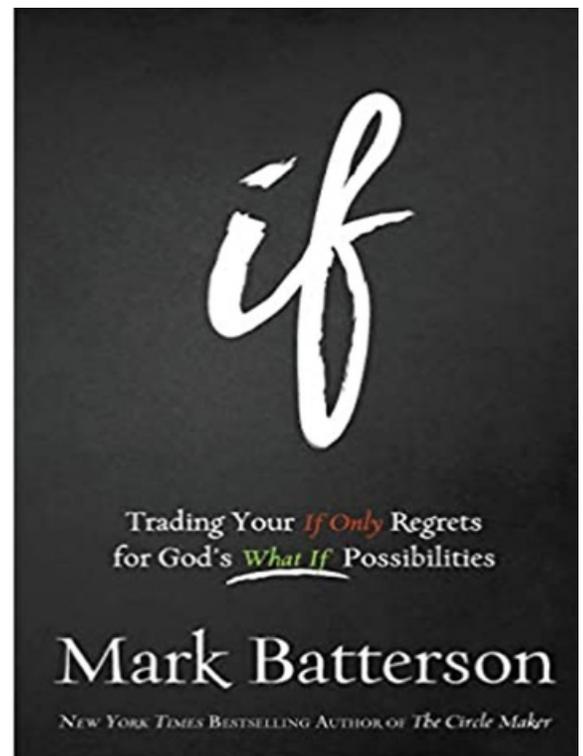
But if we hope for what we do not yet have, we wait for it patiently.

Romans 8:25

Mark Batterson thinks one of the most hopeful statements in all of Scripture is, *And it came to pass*. This little phrase is repeated 436 times in the King James Version of the Bible.

Mark Batterson says, "if you can't seem to let go of an **if only** regret, remember, it's not here to stay. It came to pass! And if you're still holding out for hope for a **what if** dream, hang in there, it will come to pass!"

God's timing is always right and God always finishes what God starts.



L.I.F.E. TESTIMONY

Breaking News, Breaking News!

I am Sister Carolyn Eley reporting from New Life Community Church. Today, I will be interviewing Deacon Ulric Eley Sr. God has done a miracle for Deacon Eley and today he is giving his testimony.

Sister Eley: *Deacon Eley, when did this miracle happen?*

Deacon Eley: *My miracle happened on February 1, 2022.*

Sister Eley: *Tell us all about your miracle Deacon Eley.*

Deacon Eley: *On February 6, 1973, I was Honorably Discharged from the U. S. Army, after serving 2 months and 6 days, due to hip problems. My claim for veteran benefits was denied, on April 10, 1973. On April 3, 2019, I received a total right hip replacement. August 23, 2021, I submitted a claim for a review of the claim that was denied in 1973. On February 1, 2022, 49 years after being discharged from the military, the Department of Veteran Affairs reversed the denial decision of 1973 and awarded me veterans disability compensation monthly at a 60% rating. Thank you, Lord, for my miracle!*

Sister Eley: *How long did you have to wait for your miracle?*

Deacon Eley: *I had to wait 49 years.*

Sister Eley: *How has this miracle helped you?*

Deacon Eley: *My miracle has provided additional Tax-free monthly income for life and enabled me to retire in the year 2022. It helped my faith to grow even stronger and reminded me that all things are possible through Christ.*

Sister Eley: *What do you have to say to someone that is believing in a miracle?*

Deacon Eley: *I would say, there is nothing too hard for God. While you are waiting keep praying, keep believing, and keep sowing and you will reap your harvest.*

This is Sister Carolyn Eley reporting from New Life Community Church of Manquin, Virginia. Now that we are out of the building, if anyone has a testimony, just contact Sister Eley. Remember God is still a miracle worker.

Some miracles in the Bible:

- The parting of the Red Sea (*Exodus 14*)
- Daniel's survival in the den of lions (*Daniel 6: 21-22*)
- A woman with an issue of blood (*Luke 8: 43-48*)
- Jesus turning water into wine (*John 2: 7-9*)

Lenten Season

O U G S Q N R R N O I T A T I D E M G B I T J T
K R Q N R X X S O N N J S V E G T Y I L S Z X J
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M A R D I G R A S T E H O L Y S E A S O N C A D
T V G W L H K A N O I X I F I C U R C Q F U Y P
I Y W W F O U R T H C E N T U R Y R D P T M F R

Serving Others
Crucifixion
Fasting
Give Up Something
Last Supper
Meditation
Repentance
Sins

Abstinence
Donate Money
Fat Tuesday
Good Friday
Lent
Palm Sunday
Resurrection
Volunteering

Ash Wednesday
Easter
Forty Days
Holy Season
Mardi Gras
Prayer
Reverence

Cross
Entry Into Jerusalem
Fourth Century
Holy Week
Maundy Thursday
Reflection
Scripture

Have fun sharing Jesus' story using the words listed.